



B&B's BEST
YOU ARE WHAT YOU EAT
SO EAT THE BEST

Grilled Tilapia Filets



Ingredients

4 Tilapia filets.
Olive oil

[B&B's Best Gulf Coast Bay Seasoning](#)

Instructions

1. Heat grill to 350°.
2. Pat the filets dry with paper towel.
3. Lightly brush with olive oil.
4. Sprinkle each side [B&B's Best Gulf Coast Bay Seasoning](#).
5. Place on grill and cook for 6 minutes then flip over for 6 more minutes.
6. Tilapia is done when they are flaky.
7. Serve.

