



**B&B'S BEST**  
**YOU ARE WHAT YOU EAT**  
**SO EAT THE BEST**

## Grilled Chicken Wings

### Ingredients

24 chicken wing pieces

2 Tbsp. [B&B's Best Flippin the Bird Chicken Rub](#)

### Instructions

1. Heat Grill to 250°.
2. In a plastic bag, place the wings and Flippin the Bird Chicken Rub, and shake to coat.
3. Place the coated wings on grill.
4. Cook for 20 minutes then flip and cook for another 20 minutes.
5. When internal temperature of chicken reaches 165°, they are ready.
6. Remove from grill and serve.

